

Central Wisconsin Environmental Station 2025 Summer Camp Overnight Packing List



Please bring the items below to ensure a comfortable stay for your camper. Each camper will have personal storage space within their cabin, whether it is a dresser, large drawer, or cabinet. Campers should be prepared for extended time outside, except in case of extreme weather. Proper clothing and gear functions as protection against the risk of poison ivy, sunburn, and bug bites. We recommend that all camper clothing and gear be clearly labeled or marked with your camper's name.

Luggage A large duffel bag or other types of soft-sided baggage works best. Getting to all cabins involves a short walk on dirt, gravel, or woodchip terrain. Please have each piece of luggage clearly identifiable with a luggage tag or full name written on the exterior.

Clothing

- 5-7 pairs of socks
- 5-10 underwear
- 5-6 short-sleeved shirts
- 3-5 pairs of shorts
- 1 jacket or windbreaker
- 1 long-sleeved shirt
- 1 sweatshirt or sweater
- 1-2 pairs of jeans or other heavy pants
- 1-2 pairs of pajamas
- 1-2 swimsuits
- 1 bandana or hat
- Raingear

Shoes

- Close-toed hiking boots OR
- Comfortable, sturdy tennis shoes
- Sturdy water sandals

Bathroom Items

- Container to carry toiletries to bathroom
- 2 towels. One for bathing one for the beach
- 1-2 washcloths
- Body soap
- Shampoo and conditioner
- Toothbrush and toothpaste
- Hairbrush and hair ties
- Plastic bags for wet items

Bedding

- Sleeping bag
- Sheet for twin size bed
- Pillow

Must Haves

- Water bottle
- Backpack or daypack
- Sunglasses
- Sunscreen
- Insect repellent
- Flashlight and batteries
- Shower shoes

Trading Post Money

- Please bring money in cash or check form to be collected on the first day. Money will be deducted based on the items your camper(s) purchases. The remaining balance will be returned at end of camp.

Optional Items

- Camera (not related to a phone)
- Swimming goggles
- Letter writing materials
- Favorite stuffed animal and/or photos from home
- Book
- Journal
- Fishing rod and tackle
- Costumes
- Small musical instrument
- Drawing and art supplies
- Earplugs
- Watch

Packing List Continued on Next Page.

Prohibited Items

If CWES staff suspect that a child is in possession of any inappropriate items, including but not limited to the items below, the staff will have the authority to search the child's belongings. CWES staff reserves the right to confiscate any inappropriate items and securely store them until the end of camp. If any illegal items are brought to camp, items will be confiscated, and parents/guardians will be notified. The following items are prohibited at CWES Summer Camp:

- Tobacco, drugs, alcohol
- Firearms, knives, or weapons of any kind
- Matches/lighters
- Laser pointers
- Fireworks
- Squirt guns
- Expensive jewelry
- Food, candy, gum, snacks, soda
- Personal sports equipment (such as archery equipment, baseball bats, golf clubs, etc.)
- Inappropriate or offensive clothing
- Cell phones
- Electronic entertainment devices (games, music, etc.)
- Pets/animals
- Computers/iPads/tablets/electronic book readers

Medications, vitamins, and supplements:

All medications, vitamins, and supplements must be in the original bottle, clearly labeled, with the prescription from the doctor on the bottle (if applicable) as well as the correct name, date, and instructions. Written instructions must be provided for dispensing the medication. ***Please make sure registration forms have all the correct information as well.*** We will not administer medications that are improperly labeled or not prescribed by a physician to that specific camper. CWES is not allowed to dispense medication in a greater dose than is instructed on the medication packaging or prescription container, even with parental/guardian permission.

Any unused prescriptions will be returned during check-out on departure day. CWES cannot be responsible for medications left behind. Non-prescription medications will be dispensed daily per instructions provided by the parent on the camper's Health History or per camp standing orders when needed for occasional treatment. All medications will be kept locked in the Health Lodge to ensure the safety and privacy of campers. Trained health staff will dispense medications. Asthma inhalers, bee sting kits, insulin injection needs, EpiPens, glucose tablets, and glucagon kits can be kept with a supervisor near the camper.