

Home Energy Challenge Log

Name: _____ Date: _____ Class: _____

Directions: Set a goal of the total amount of activities you will complete as a class. You have two weeks to do your part to help reach this goal. Record your energy related activities for the next two weeks by marking each activity completed with a tally mark. You may complete more than one activity per day. At the end of the two weeks add up you total points and turn in your log.

Daily Activities	Day 1	Day 2	Day 3	Day 4	Day 5	Day 6	Day 7	Day 8	Day 9	Day 10	Day 11	Day 12	Day 13	Day 14	Activity Totals
Turned off lights															
Showered less than 5 minutes															
Turned off water when washing dishes															
Turned off appliance															
Used a power strip to turn off appliance															
Opened curtains to heat room															
Turned thermostat down before bed															
Turned thermostat down when not home															
Used cold water to wash clothes															
Replaced light bulb with energy efficient model															
Replaced appliance with energy efficient model															

